



OTTAWA-CARLETON  
DISTRICT SCHOOL BOARD

# Ottawa-Carleton District School Board Trillium Elementary School

1515 Varennes Blvd, Orleans, Ontario K4A 3S1

(613) 841-7393 (613) 841-7392



Principal: Brenda Spearman  
Vice-Principal: Aaron Hawley  
Office Administrator: Ruth Gabie

March 2, 2017  
[www.trilliumes.ocdsb.ca](http://www.trilliumes.ocdsb.ca)  
@TrilliumES

Office Assistant: Elizabeth Brooks  
Superintendent: Frances Thibault  
Trustee: Keith Penny

## PRINCIPAL'S MESSAGE

March is upon us and the days are longer and a bit warmer and of course we are facing very unpredictable weather. It is a good idea to send extra socks and extra mittens/gloves as everything seems to be so wet this time of year.

## VICE-PRINCIPAL'S MESSAGE

Thank you to the School Council, volunteers, staff, students and parents for the fun and fabulous Valentine Family Dinner and Dance. A special thank you goes out to Karen Neilson and Kim McDermid and to all of the parent and student volunteers who made the evening a success.

The OCDSB Community of Character Wheel focus for the month of March is **Perseverance**. Our OCDSB Character Wheel offers the following message on perseverance: *I will work hard and not give up. I will finish what I begin and not give up. I will care enough and not give up.* This message is shared during morning announcements, discussed in classrooms and recognized at monthly divisional assemblies. We encourage you to engage your children in a discussion on perseverance.



## ARE YOU MOVING?

We are beginning to make plans for the 2017-2018 school year. If you know that your child(ren) will not be attending Trillium Elementary School next September, please send a written note to the office as soon as possible. Thank you!

## IMPORTANT DATES:

March 12: Daylight Savings  
March 13-17: March Break (school is closed)  
March 24: Spirit Day- Favourite Character Day  
April 4: Grade 8 Graduation Photos  
April 14: Easter Friday (school is closed)  
April 17: Easter Monday (school is closed)  
April 26: Spring Concert

## THE TRILLIUM ELEMENTARY SCHOOL COUNCIL (TESC) SECTION:



### Math tips for parents:

Professor Christine Suurtamm from University of Ottawa Mathematics Education visited our school in the fall and presented a Math Information night. She presented some useful tips on how to support children math learning at home. Please visit [www.tesc.ca](http://www.tesc.ca) for a handout that she provided with links to additional resources.

Check out the newsletter at: [http://www.edugains.ca/resources/SchoolLeader/IdeasForSchoolNewsletters/MathTipsforParents\\_Sept2014.pdf](http://www.edugains.ca/resources/SchoolLeader/IdeasForSchoolNewsletters/MathTipsforParents_Sept2014.pdf) that supports math learning and encourages your child to love math. This edition was written by Lynda Colgan, Associate Professor and Director, Queen's Community Outreach Centre, Faculty of Education, Queen's University.



### Little Ceasars Pizza Fundraiser Delivery Date

Pizza, bread and cookie kits will be delivered **March 7th**. Your order will be available for pick up from **4:00-6:00** at the school main entrance.

Congratulations to Mme Larose's class who won the pizza party contest. Thanks to those who participated we raised \$420 toward the kindergarten play structure replacement.



It's never too late to order with the Trillium Hot Lunch program! We are happy to offer a 3 week rotation – pita, pizza and subs.

Find the links to order at [www.TESC.ca](http://www.TESC.ca) or go to [www.tesc.hotlunches.net](http://www.tesc.hotlunches.net) (Trillium access code TESH).)



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Mabel's Labels are dishwasher, microwave and laundry safe personalized labels.

Please visit [www.campaigns.mabelslabels.com](http://www.campaigns.mabelslabels.com) and search for "Trillium Elementary School" under the "School/Organization" drop down to place your order and support our fundraiser.



**QSP Magazines**

QSP will accept orders for magazine subscriptions through-out the year. If you have a renewal coming due or are looking to begin a new subscription, please visit [www.QSP.ca](http://www.QSP.ca) to shop an extended list of magazines.

Visit [www.QSP.ca](http://www.QSP.ca)

1. Select "Parents & Students" and register your child
2. Our school code is 3727724 and begin shopping



Many thanks to everyone that contributed to the gift basket fundraiser and came to the Valentine's dinner and dance. It was a great night – the place was rockin' and we **raised over \$2,000** for the kindergarten play structure!

**UPCOMING EVENTS**

The following is a list of upcoming TESC events. Further details will be shared with you closer to each event.

- Spring Book Fair
- Family Movie Night
- Dance-A-Thon



**GLOBAL CHILD CARE SERVICES**

[www.gccs.ca](http://www.gccs.ca)

**EXTENDED DAY PROGRAM  
TRILLIUM ELEMENTARY SCHOOL**

At Trillium Elementary School, the Extended Day Program is delivered via a partnership with **Global Child Care Services**. Global's Trillium School Age Program offers before and after school care to kindergarten (JK/SK) and school age children (gr. 1-6).

**Hours of Operation:** 7:05 a.m. to 5:55 p.m.

**For more information about Global's Trillium School Age Program, contact:**

**Krista Johnson at (613) 841-5497**

**COMMUNITY NEWS**

*From time to time, the school is asked to distribute information about activities in the community that may be of interest to some parents/students. This information is provided for your consideration only and should not be viewed as an endorsement by the school or its' staff of any particular organization or activity.*

**MARCH BREAK CAMPS:**

**University of Ottawa:** Adventures in Engineering and science at the University of Ottawa is offering a March Break camp for children in grades 2 to 6.

**Registration are now open! Spot are limited!**

Are your children interested in participating in fun, hands-on engineering and science projects? Do you want to introduce them to new technologies like 3D printing, laser cutting of programming?

Location: College catholique Mer Bleue (64001, Renaud Rd, Orleans)

Dates: March 13-17, 2017 (Ontario March Break)

Hours: 9:00 a.m. – 4:00 p.m. (Free before and after care is available from 8:30 a.m. – 9:00 a.m. and 4:00 p.m. – 4:30 p.m.).

Cost: \$260.00/week

Grades: For children in grades 2 to 6

Language: Bilingual (French and English)

Lunch & Snacks: Please provide two snacks and a nut-free lunch for your child.

**[REGISTER YOUR CHILD FOR ORLEANS MARCH BREAK CAMP](#)**

**Canada Aviation and Space Museum:** The Canada Aviation and Space Museum is offering a tinkering workshop. Make-build-create-craft-play. Join the creativity adventure March 13 to March 17 for ages 6 to 12 at \$55 per day (plus taxes). Registration required at [contact@techno-science.ca](mailto:contact@techno-science.ca) or 613-991-3053 or [cstmuseum.techno-science.ca](http://cstmuseum.techno-science.ca)



**Kids and Mental Health**

One in five children in Ontario has a mental health problem. Changes to your child’s mental health may not be obvious.

Warning signs to look for:

- Mood swings and changes in eating habits.
- Headaches and sore stomach.
- Low energy and not sleeping well.
- Missing school and/or having trouble at school.
- Spending less time with friends and family.
- Wanting to be left alone.
- Feelings of anger and rage.

Remember:

- Listen to your child and trust your judgment.
- You are the best person to notice changes.
- Talk to your child’s teacher, he or she may have seen some changes too.
- It’s okay to ask for help and talk to your family doctor.

For more information on kids and mental health please visit [www.kidsmentalhealth.ca](http://www.kidsmentalhealth.ca) , [www.cheo.on.ca/en/cheomentalhealth](http://www.cheo.on.ca/en/cheomentalhealth), or Ottawa Public Health at 613 580-6744, [www.ottawa.ca/health](http://www.ottawa.ca/health).

**For updates, visit our website:**  
[www.trilliumes.ocdsb.ca](http://www.trilliumes.ocdsb.ca)  
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